



The SWALLOW Community Café @ St Nicholas



Food Menu

We serve food and drink from
10am - 3pm Monday
9am - 3pm Tuesday, Wednesday, Thursday and Friday.

We are happy to provide special menus for
group bookings at very reasonable prices.

Please discuss your requirements with our team

Café Mobile: 07565 752350

Or via the Swallow office on 01761 414034

If you have any allergies or intolerances to any food or drink items please
inform our staff and we can let you know of our recipe ingredients.

We do have nuts in our kitchen

Daily Specials Available
- please see board

SWALLOW Charity – Supporting teenagers and adults with learning disabilities

www.swallowcharity.org

VAT Number 465 9207 65

Registered Charity number 1045893

Breakfast and light bites

Full English	£10.00
2 x sausages, 2 x bacon, 2 x hash browns, 1 egg, mushrooms, baked beans, tomatoes, toast.	
Bacon or Sausage Sandwich	£4.90
Egg on Toast	£4.50
(poached, scrambled or fried)	
Beans on Toast	£4.50
Tea Cake	£2.15
Crumpet	£2.15
Toast	£1.35

Extras

Bacon	£0.90
Egg, Mushrooms, Baked Beans	£0.60

Café Favourites

Homemade soup of the day	£5.00
Served with bread and butter	
Homemade quiche of the day	£7.55
Served with salad, new potatoes and coleslaw	
Traditional Ploughman's	£8.30
Cheese, ham pickle/chutney, salad and bread	
Vegetarian Ploughman's	£8.30
Cheese, hummus, pickle/chutney, salad and bread	
Dish of the day	£8.30
Please see specials board for details	

Panini's/Sandwiches/Toasties

Served with side salad and coleslaw

	Panini/ Toastie	Sandwich
Cheese	£6.10	£5.50
Ham	£6.10	£5.50
Tuna Melt	£6.60	£6.10
(tuna, cheese, red onion)		
Tuna Mayonnaise	£6.60	£6.10
Egg Mayonnaise	£6.60	£6.10
Hummus and salad	£6.60	£6.10
Brie, Bacon and Cranberry	£7.80	£7.20
Special		

Please see specials board for details

Extras

Bacon, Ham, Tuna	£0.90
Cheese, Basil, Tomato, Coleslaw, Onion, Pickle	£0.60

Jacket Potatoes

Served with side salad and butter

Plain	£6.10
Cheese	£7.00
Baked Beans	£7.00
Tuna Mayonnaise	£7.00
Special	£7.00

Please see specials board for details

Extras

Bacon, Tuna	£0.90
Cheese, Baked Beans, Coleslaw, Mushrooms	£0.60

Children's Menu

Lunch Box - Sandwich, crisps, fruit juice or squash and cake	£4.20
Please choose from Ham, cheese, tuna, marmite or jam	
Small portions of Café Favorites are available	£5.00

Drinks, Cakes and Snacks

Americano	£2.80
Espresso	£2.80
Others	£3.15
Cappuccino . Latte . Mocha	
Decaffeinated is available	
Quality Teas	£2.10
Everyday . Earl Grey . Chamomile Berry . Lemon & Ginger . Peppermint	
Decaffeinated is available	
Hot Chocolate	£3.15
Special Hot Chocolate	£3.70
Milk	£0.65
Cans	£1.45
Fruit Juice Carton	£0.90
Bottled water – still	£1.45
Bottled drinks	£2.80
Ice cream Milkshake	£3.60
Strawberry, Chocolate, Banana	
Freshly Made Smoothies	£3.60
Please see specials board for details	
Cakes	£3.50
Crisps	£0.55
Fruit	£0.40

All sandwiches are served with a choice of white or wholemeal bread
Gluten free bread is available on request

