



## The SWALLOW Community Café @ The Hive



# Food Menu

We serve food and drink from  
8.45am - 3.30pm Monday, Tuesday,  
Wednesday, and Thursday.

We are happy to provide special menus for  
group bookings at very reasonable prices.

Please discuss your requirements with our team

**HIVE Mobile: 07834 598288**

**Or via the Swallow office on 01761 414034**

If you have any allergies or intolerances to any food or drink items please  
inform our staff and we can let you know of our recipe ingredients.

We do have nuts in our kitchen

**Daily Specials Available**  
**- please see board**

**SWALLOW Charity – Supporting teenagers and adults with learning disabilities**

[www.swallowcharity.org](http://www.swallowcharity.org)

**VAT Number 465 9207 65**

Registered Charity number 1045893



## Breakfast and light bites

Bacon or Sausage Sandwich	£4.50
BLT	£5.00
Egg on Toast (poached, scrambled or fried)	£4.50
Beans on Toast	£4.50
Tea Cake	£2.15
Crumpet	£2.15
Toast	£1.35

### Extras

Bacon	£0.90
Egg, Mushrooms, Tomato, Baked Beans	£0.60

## Café Favourites

Homemade soup of the day Served with bread and butter	£5.00
Homemade quiche of the day Served with salad, new potatoes and coleslaw	£7.55
Traditional Ploughman's Cheese, ham pickle/chutney, salad and bread	£8.30
Vegetarian Ploughman's Cheese, hummus, pickle/chutney, salad and bread	£8.30
Dish of the day Please see specials board for details	£8.30

## Panini's/Sandwiches/Toasties

Served with side salad and coleslaw

	Panini/ Toastie	Sandwich
Cheese	£6.10	£5.50
Ham	£6.10	£5.50
Tuna Melt (tuna, cheese, red onion and jalapenos)	£6.60	£6.10
Tuna Mayonnaise	£6.60	£6.10
Egg Mayonnaise	£6.60	£6.10
Hummus and salad	£6.60	£6.10
Chicken mozzarella and pesto	£7.80	£7.20
Brie, Bacon and Cranberry	£7.80	£7.20
Fish Finger	£7.80	£7.20
Chicken and Bacon	£7.80	£7.20
Club (chicken, bacon, lettuce, tomato and mayo)	£8.10	£7.60
Special Please see specials board for details		

### Extras

Bacon, Ham, Tuna	£0.90
Cheese, Tomato, Coleslaw, Onion, Pickle	£0.60

## Jacket Potatoes

Served with side salad and butter

Plain	£6.10
Cheese	£7.00
Baked Beans	£7.00
Tuna Mayonnaise	£7.00
Special	£7.00

Please see specials board for details

### Extras

Bacon, Tuna	£0.90
Cheese, Baked Beans, Coleslaw, Mushrooms	£0.60

## Children's Menu

Pitta pizza served with vege sticks Please choose from Ham or cheese and tomato	£1.60
Snacky Plate – vege sticks hummus, cheese, pitta, ham and fruit Please choose from Ham or cheese	£4.20
Lunch Box - Sandwich, crisps, fruit juice or squash and cake Please choose from Ham, cheese, tuna, marmite or jam	£4.20
Small portions of Café Favorites are available	£5.00

## Drinks, Cakes and Snacks

Americano	£2.80
Espresso	£2.80
Others	£3.15
Cappuccino . Latte . Mocha Decaffeinated is available	
Quality Teas	£2.10
Everyday . Earl Grey . Chamomile Berry . Lemon & Ginger . Peppermint Decaffeinated is available	
Hot Chocolate	£3.15
Special Hot Chocolate	£3.70
Milk	£0.65
Cans	£1.45
Fruit Juice Carton	£0.90
Bottled water – still	£1.45
Bottled drinks	£2.80
Ice cream Milkshake	£3.60
Strawberry, Chocolate, Banana	
Freshly Made Smoothies	£3.60
Please see specials board for details	
Cakes	£3.50
Crisps	£0.55
Fruit	£0.40

All sandwiches are served with a choice of white or wholemeal bread  
Gluten free bread is available on request

